

Rosters

To avoid receiving an automatic loss due to an incomplete roster, all teams must meet the minimum roster requirements, which is set at the total number of players needed on the court/field.

Indoor Sports	Format (s)	Total # of Players Required on the Court	Total # of Females Required on the Court
Badminton	Standard	2	1
Badminton	Open	2	0
Basketball	All	5	2
Curling	All	4	0
Dodgeball	All	6	2
Floor Hockey	3 on 3	4 (including goalie)	1
Floor Hockey	4 on 4	5 (including goalie)	2
Floor Hockey	5 on 5	6 (including goalie)	2
Handball	All	6 (including goalie)	2
Indoor Volleyball	All	6	2
Multi-Sport	All	6	2
Soccer	Standard	5 (including goalie)	2
Soccer	Turf 4 on 4	5 (including goalie)	2
Soccer	Premium 5 on 5	6 (including goalie)	2
Squash	All	2	0

Outdoor Sports	Format (s)	Total # of Players Required on the Field	Total # of Females Required on the Field
Beach Dodgeball	All	5	2
Beach Volleyball	3's	3	1
Beach Volleyball	4's	4	1
Beach Volleyball	6's	6	2
Flag Football	All	5	2
Kickball	All	10	3
Outdoor Soccer	Standard	6 (including goalie)	2
Outdoor Soccer	7 on 7	8 (including goalie)	3
Street Hockey	All	6 (including goalie)	2
Slo-Pitch	All	10	3
Ultimate	Standard	5	2
Ultimate	7 on 7	7	3



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